

		<p>Full Continuum Primary SUD Dual-Diagnosis Care</p>		<p>Accredited By:</p>  <p>PSYCH/ARMOR®</p>		<p>Website: www.pvrecovery.com</p> 		<p>Admissions Contact: Jose, Paloma, & Justin Phone: (707) 879-8432 Fax: (844) 426-0134 info@pvrecovery.com</p>	
LOCATION, SIZE, & LOS	DEMOGRAPHICS	PROGRAM FEATURES & MODALITIES			AMENITIES		COSTS & INSURANCE		
Detoxification (ASAM 3.5)									
<p>6701 Montecito Blvd. Santa Rosa, CA, 95409 NPI: 1932926649</p> <ul style="list-style-type: none"> 6 beds <p>Average length of stay: 3-10 days as medically necessary</p>	<ul style="list-style-type: none"> 18+ All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> Have medical comorbidities (<i>case-by-case basis</i>) Would benefit from MAT Speak Spanish (<i>detox only</i>) 	<ul style="list-style-type: none"> USAF Veteran & Double Board-Certified Medical Director, Doctor Roderick Fontenette Psychiatry as indicated Physician's Assistant, Nurse Practitioners, & Registered Nurses 24/7 medical supervision 4:1 Staff to client ratio MAT & medication management On-site SUD counselor & introductory recovery groups 			<ul style="list-style-type: none"> Rapid triage & admission Free pick up & transport to treatment from hospital, airport, or residence Homelike setting with 1-2 clients per room Single rooms available if medically needed Structured access to personal electronics Animal Assisted Treatment Therapeutic Garden 		<ul style="list-style-type: none"> Fast, no-cost benefits check No-interest financing Flexible payment plans Scholarship opportunities Same-day admissions <p>In-Network with:</p> <ul style="list-style-type: none"> Aetna Anthem BC ARP Union BCBS Blue Shield Cigna/Evernorth HealthEZ/America's PPO HMSA First Health Healthnet/MHN Magellan Multiplan Optum United Healthcare/UMR/UBH Kaiser & Kaiser Medicare TriCare TriWest/VA <u>Sonoma County Medi-Cal (Outpatient Only)</u> <p>Pura Vida also works well with most <u>out-of-network PPO</u> plans.</p>		
Residential Treatment (ASAM 3.5)									
<p>Mountain Hawk 5761 Mountain Hawk Dr. Santa Rosa, CA, 95409 NPI: 1194439430</p> <ul style="list-style-type: none"> 6 beds <p>Townview House 1506 Ronne Dr. Santa Rosa, CA, 95404 NPI: 1346025343</p> <ul style="list-style-type: none"> 6 beds <p>Average length of stay: 30-90 days, as medically necessary</p>	<ul style="list-style-type: none"> 18+ All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> Are new to recovery Frequently relapse Need a new environment Have a Dual Diagnosis Are "Failure to launch" Struggle with isolation Are emerging adults* Have Veteran or active-duty military status, or are a military spouse/dependent** 	<ul style="list-style-type: none"> On-site Licensed therapists & certified AOD counselors 1x weekly individual therapy & weekly AOD counseling Psychiatry as indicated 8-week therapist-led group curriculum: CBT, DBT, IFS, ACT, Trauma Work, Somatic Experiencing, & Mindfulness Minimum 2:1 Staff to client ratio Family/couples counseling & family workshops Individual case management & discharge planning <p>Specialized Services For: <i>Emerging Adults (Age 18-28)*</i></p> <ul style="list-style-type: none"> GED/college prep & registration Life skills groups: Cooking, resume building, etc. SOCYPAA groups (Sonoma County Young People in AA) <p><i>Veterans, Active Duty, & Military Families**</i></p> <ul style="list-style-type: none"> PsychArmor™ trained & certified staff Course work on trauma, anger, grief, moral injury, & more Connection to local resources & services via VetConnect Former VA Therapist on staff 			<ul style="list-style-type: none"> Free pick up & transport to treatment from hospital, airport, or residence Scheduling & transport assistance for any necessary offsite appointments (court, dentist, DMV, etc.) Homelike atmosphere Small milieu with lots of individual attention Onsite & offsite meetings – warm introduction to local recovery community) Free-for-life alumni program Nutritious & delicious meals Structured personal electronic access Weekly sober fun outings Weekly family visitation (Sundays) CrossFit classes & daily gym access Low impact fitness classes (Yoga / Tai Chi) Swimming pool access Therapeutic garden access 		<p>Please note: We do not accept non-Kaiser Medicare, Partnership, or MediCal outside of Sonoma Co. Financial aid options are available for non-covered plans. Visit: www.pvrecovery.com/admissions/scholarships/</p>		
Partial Hospitalization Program (ASAM 2.5) & Intensive Outpatient Program (ASAM 2.0)									
<p>2901 Cleveland Ave, Santa Rosa, CA, 95403 NPI: 1184445140</p> <ul style="list-style-type: none"> Up to 35 patients <p>Average length of treatment: 4-6 months</p>	<ul style="list-style-type: none"> 18+ All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> Are working or in school Need additional structure Have Sonoma County Medi-Cal 	<ul style="list-style-type: none"> PHP: 5 days/week (M-F) 10am-3pm IOP/OP: 3 days/week (T-Th) 3-6pm & Medi-Cal IOT: 4 days/week (M-Th) 10-1:15p 1x/weekly individual counseling CBT, DBT, Seeking Safety, Motivational Interviewing, psychoeducation, life skills, relapse prevention Individual case management & discharge planning 			<ul style="list-style-type: none"> Flexible scheduling with rolling admissions Client lounge with arcade & music room Free transport from sober living or patient's home if needed Monthly sober fun outings Integration with local AA/NA chapters Free-for-life alumni program 				

See Reverse Side for Sober Living



Supportive Sober Living Homes

LOCATION & SIZE	DEMOGRAPHICS	STRUCTURE & SERVICES	AMENITIES
<p>Royal Gorge House 65 Royal Gorge Santa Rosa, CA, 95409</p> <p>Robinson House 1966 Robinson Ln Santa Rosa, CA, 95403</p>	<p><i>Men only</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 36 	<ul style="list-style-type: none"> • Live-in House Manager & assistants • Frequent drug & alcohol testing • Regular house meetings • On-site & off-site meetings • Evening curfew • Residents must be working a recovery program (AA, NA, LifeRing, Dharma Recovery, etc.) 	<ul style="list-style-type: none"> • Spacious, homelike atmosphere • Strong, well-established recovery community • Residents may bring vehicle • Electronics OK (no blackout period) • No cost transportation to PHP/IOP & counseling appointments^[B] • Family visitation (with staff approval)
<p>Parkhurst House 5041 Parkhurst Dr. Santa Rosa, CA, 95409</p>	<p><i>Women only</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 33 	<ul style="list-style-type: none"> • After 30 days, residents are required to do a minimum of 20 hrs/week of either work, volunteering, or school^[A] • Daily house chores 	<ul style="list-style-type: none"> • Off-site passes (with staff approval) • Linens, towels, cooking equipment, cleaning supplies, laundry supplies, and coffee all provided
<p>Redwood House 340 Wikiup Drive Santa Rosa, CA, 95403</p>	<p><i>All genders</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 34 	<ul style="list-style-type: none"> • No limit to stay length (Average is 8-12 mo) • Extended curfew & privileges at 30, 60, & 90 days • Rapid door-to-door transfer to higher levels of care available if additional structure becomes necessary 	<ul style="list-style-type: none"> • All utilities, including cable and internet, provided • Regular sober fun activities: hiking, beach day, movie night, BBQ, bowling, boat trips, etc.
AFFILIATE OPPORTUNITIES			
	<p>^[A]Pura Vida is proud to partner with CalRegional Vocational Training Programs. Graduates of our Residential and Outpatient Programs can receive full scholarships to accelerated training programs for some of healthcare's most in-demand jobs. Participants can earn their certification as a Phlebotomy Technician or Medical Assistant in as little as 3 weeks through CalRegional's fast, flexible, and industry-leading training programs.</p>		
	<p>^[B]To ensure our patients always have access to top-quality treatment services, Pura Vida has partnered with Recovery Transportation Systems to provide no-cost Lyft and Uber rideshares between our PHP/Outpatient facility and Sober Living homes. Patients residing in our SLE can also utilize this free transportation service to access offsite meetings and other healthcare appointments during their stay.</p>		
COSTS & SCHOLARSHIPS			
<p>\$985 monthly (all houses) + one time move-in deposit of \$600</p> <ul style="list-style-type: none"> ◇ Scholarships and financial aid available ◇ Flexible payment options ◇ No interest financing 			

See Reverse Side for Residential & Outpatient Services