

# **Experienced Care**

Military life is a culture all its own. If you have served, are serving, or love someone who serves, you deserve a care provider that truly understands your unique challenges & needs.



# Ready to Respond



## Addiction and...

- Trauma/PTSD
- Depression
- Grief & Anger
- Isolation
- · Family Issues
  - Homelessness

# We Can Help

**Pura Vida Recovery Services** is trusted by both Tricare & TriWest Healthcare Alliance to provide top-quality substance abuse and co-occurring mental health treatment to Veterans, active-duty Soldiers, and Military Family members.









Pura Vida is certified as a "Veteran Ready Organization" by

## PSYCH/ARMOR®

A nationally recognized non-profit leader and preferred training provider for Military cultural awareness.

### Program Features

- Medication Assisted Treatment (MAT)
- Psychiatry & therapy
- Family Program
- · CBT, DBT, Seeking Safety, & more
- Recreation & Adventure Therapy
- Community support & reintegration

## Wrap Around Care

- Free transportation
  - Vocational training
- CrossFit & full gym
- Tai Chi & Yoga
- Lifeskills classes
- **Education** assistance
- Alumni Program VetConnect

Scan here to learn more:

# From Our Medical Director



#### **USAF** Veteran Dr. Roderick Fontenette

"Addiction is a battle that shouldn't be fought alone. If you or a loved one is struggling, know that all of us who wore that uniform are behind you. We've got you, always.